

Freshly Pressed Juices

Celery, cucumber, spinach & pineapple
Apple, lemon & ginger
Pineapple, carrot & mint



Coffee

Espresso, Americano, Macchiato, Latte & Cappuccino
*Regular or Decaf
(Full cream, low fat milk, almond, soy or oat milk available)
*Vanilla, hazelnut or caramel flavored lattes available



Tea

Regular: English breakfast, Earl Grey & Green
Herbal: Rooibos, Chamomile & Peppermint



Hot Chocolate



Red Velvet Beet Latte * naturally caffeine free
Made with cocoa, cinnamon, ginger & coconut oil



Golden Turmeric Latte *naturally caffeine free
Made with cinnamon, ginger, cardamon & coconut oil

QUICK EATS

BREAD TIN

Selection of homemade breads (farm style white, seeded brown),
croissant & mini muffins served with butter & jams
** rye and gluten free bread available on request*



GRANOLA, YOGHURT & FRESH FRUIT

Our homemade oats, nut & seed granola, served with fresh fruit,
double thick plain yoghurt & local honey



WARM OATS

Rolled oats sweetened with date served with sliced banana, raw honey, toasted
nuts & cinnamon*

Corn flakes & All bran flakes available on request

LAZY MORNINGS

ROCKET OMELETTE

Three egg omelette filled with feta, caramelized onion, rocket (Arugula or Rucola), cherry tomatoes & jalapeno chilli

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SMOKED SALMON OMELETTE WITH AVOCADO

Omelette filled with smoked salmon, avocado, caramelized onion & creme fraiche

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EGGS BENEDICT

Soft poached egg & rocket served on a lightly toasted English muffin drizzled with homemade hollandaise sauce

Choose • Crispy bacon • Smoked Salmon

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THE FULL KENSINGTON

Eggs to order fried, poached, scrambled or boiled with roasted cherry tomatoes, bacon & fried mushrooms served with homemade bread

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SCOTTISH STYLE PANCAKES

Oaty pancakes served with your choice of

- Crispy bacon & maple syrup
- Fresh fruits & honey

*Pancakes require extra cooking time

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VEGAN BREAKFAST

Choose from a selection of:

- Toast with vegan butter & cheese.
- Warm oats with plant-based milk (Soy, Almond or Oat),
 - Fruits with plant yogurt & granola,
- Vegan rocket omelette (chickpea base) with vegan cheese

EXTRAS

- Avocado
- Jalapeno pepper
- Fried mushrooms
- Ham
- Cheddar, Danish feta or blue cheese
- Smoked salmon
- Caramelized onion
- Fried tomatoes
- Bacon